

Pancreatitis Feeding & Flare Log

After pancreatitis, food is the plan: **a low-fat diet your vet chooses, in small meals, with no fatty treats or table scraps.**
Write down what your dog eats and any signs each day, so you and your vet can spot the next flare early.

FILLABLE PDF – TYPE ON A COMPUTER OR TABLET, OR PRINT AND FILL IT IN BY HAND.

DOG'S NAME

DIET MY VET CHOSE

VET PHONE

HOUSE RULES AFTER A FLARE

- 1

Feed the diet your vet chose, in the small, frequent meals your vet recommends.
- 2

Treats count too: low-fat ones only, and only what your vet agrees to.
- 3

No table scraps, for everyone in the house; a fatty meal is the classic trigger.
- 4

Secure the trash and watch the counters: raided trash and scraps are a common risk factor (Merck).
- 5

Keep your dog lean, and be extra careful at holidays and parties.
- 6

Bring this log to every vet visit.

DAILY FEEDING & SIGNS LOG

DATE	MEALS (WHAT, HOW MUCH)	TREATS / EXTRAS	APPETITE	VOMIT / STOOL	ENERGY / PAIN

SIGNS TO WATCH

- A normal day**

Eats the planned meals, normal stool, normal energy.
- Watch and call**

Poor appetite, one bout of vomiting or diarrhea, low energy. Note it and call your vet.
- Same day, at the vet**

Repeated vomiting, obvious belly pain (the “praying position”), refusing food, weakness or collapse.
- After a fatty meal:** signs of a flare can be delayed. Pet Poison Helpline notes vomiting can start one to four days after a fatty meal, so keep logging, and call your vet if any sign above appears.