

# IVDD Crate-Rest Daily Log

Strict crate rest only works if it is strict every day: **crate or small pen, out only for potty breaks on a harness, medication exactly as prescribed, and no jumping, stairs or play even when your dog seems fine.** Your vet sets how long, often a few weeks.

FILLABLE PDF – TYPE ON A COMPUTER OR TABLET, OR PRINT AND FILL IT IN BY HAND.

DOG'S NAME

CRATE REST STARTED

VET'S PLAN (WEEKS)

THE RULES, EVERY DAY

- ☐ **A crate or small pen** to lie down and turn around in, not to walk laps

☐ **Out only for potty breaks**, on a leash and harness, carried or supported as your vet showed you

☐ **Soft, clean, dry bedding**; check hips, elbows and hocks daily for sores or urine scald
- ☐ **No jumping, stairs, furniture or play**, even on good days

☐ **Medication exactly as prescribed**, never with human pain relievers or extra anti-inflammatories

☐ **Bladder expression** only if your vet or vet nurse has shown you how

DAILY LOG

| DATE | MEDS ✓ | PEED | POOPED | LEGS AND WALKING | PAIN OR MOOD | NOTES |
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**Call your vet or an emergency clinic now** if your dog gets worse during crate rest: more pain, new wobbliness or weakness, can't move the back legs, seems to lose feeling in them, or can't urinate. Bring this log; the day-by-day record helps your vet judge the change.