

Puppy Potty Schedule by Age

A puppy can hold it a little longer each month: **about one hour per month of age, with months plus one as the most to ask.** Take your puppy out before the need arrives (after sleep, food, water and play) and house-training typically takes four to six months.

FILLABLE PDF – TYPE ON A COMPUTER OR TABLET, OR PRINT AND FILL IT IN BY HAND.

PUPPY'S NAME	AGE (MONTHS)	LONGEST GAP TO PLAN (HOURS)
_____	_____	_____

HOW LONG A PUPPY CAN HOLD IT (AWAKE OR CRATED) _____

AGE	PLAN ON ABOUT	NEVER MORE THAN
2 months	2 hours	3 hours
3 months	3 hours	4 hours
4 months	4 hours	5 hours
5 months	5 hours	6 hours
6 months	6 hours	7 hours

"Plan on about" is one hour per month of age (Humane World for Animals); "never more than" is months plus one, the AKC's maximum. Many puppies need breaks more often than this.

TAKE YOUR PUPPY OUT _____

- | | |
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| ☐ First thing when you get up, straight from the crate | ☐ The moment your puppy wakes from any nap |
| ☐ 5–30 minutes after a meal | ☐ Soon after a drink of water |
| ☐ During and after play , when the excitement gets things moving | ☐ Last thing before bed |
| ☐ At least every two hours while your puppy is awake | ☐ Water away about two and a half hours before bedtime |

MY PUPPY'S DAY PLAN _____

TIME	WAKE • MEAL • NAP • PLAY • BED	POTTY BREAK ✓	WENT? PEE / POOP	NOTES

Accidents happen. Never punish one: calmly take your puppy to the potty spot, praise the moment they finish outside, and clean the indoor spot thoroughly so the smell doesn't draw them back. Started early, a puppy is usually dependable most of the time by about six months.

THE FULL VERSION: PUPPY HOUSE-TRAINING PROGRAM & LOG • ON ETSY: [NEWDOGCO.ETSY.COM](https://www.etsy.com/shop/newdogco)

Sources: American Kennel Club (puppy potty training schedule and timeline); Humane World for Animals, formerly the Humane Society of the United States (how to potty train a puppy).