

Puppy-Proofing Checklist

Puppies explore with their mouths. **Get down to puppy height and go room by room.** In 2025, ASPCA Animal Poison Control logged pet exposures to more than 376,000 items, led by over-the-counter medicines and supplements, then food and drink.

FILLABLE PDF – TYPE ON A COMPUTER OR TABLET, OR PRINT AND FILL IT IN BY HAND.

PUPPY'S NAME

VET PHONE

EMERGENCY VET

ROOM BY ROOM

- ☐ **Cords** unplugged, hidden or covered
- ☐ **Cleaners** up high or behind child latches
- ☐ **Small things** off the floor: socks, hair ties, coins, kids' toys
- ☐ **Garage:** antifreeze sealed and leaks cleaned up
- ☐ **Sugar-free gum and mints** out of bags and coat pockets
- ☐ **Medicines** off low tables and nightstands, in a closed cabinet
- ☐ **Toilet lids** down; **trash** in a lidded can or behind a door
- ☐ **Batteries** put away, button batteries most of all
- ☐ **Rodent bait** and insect killers out of reach
- ☐ **Sago palms** removed (and lilies too, if you have a cat)

CALL YOUR VET OR A POISON LINE NOW, EVEN IF YOUR PUPPY SEEMS FINE

Xylitol
In sugar-free gum, candy, mints, some peanut butters, baked goods and toothpaste. Low blood sugar can start within 30 minutes.

Rodent bait
Internal bleeding can appear 3–5 days later. Keep the packaging for your vet.

Batteries
Chewed batteries leak caustic material; button batteries can lodge and burn. Burns can take a day to show.

Antifreeze
Tastes sweet; as little as 3–4 teaspoons can kill a dog. Treatment works best within 1–2 hours.

Sago palm
Every part is toxic, seeds included; up to half of poisonings are fatal.

Medicines
Over-the-counter medicines and supplements were the top cause of pet poison calls in 2025.

ROOM CHECK

ROOM	CHECKED (DATE)	WHAT YOU FIXED	STILL TO DO

Poison lines (US, 24/7): ASPCA Animal Poison Control 888-426-4435 · Pet Poison Helpline 855-764-7661. A fee may apply. Don't make your puppy vomit unless a vet tells you to.